

Would you like to know how you could more of who you'd really like to be?



We can help!

We are innate experts at perceiving the emotions and intentions of others. This awareness enables us to see through pretenses to the state of mind that drives behavior. We work with a licensed therapist and an equine specialist who understand our nonverbal communication. They set up activities (all on the ground—no riding) that provide clients with opportunities to use certain skills. Our job is to provide honest, nonjudgmental feedback in response to the client's approach to us. In the process of engaging in the activities, client's experientially discover which thoughts and consequent behavior patterns serve them and which ones do not. We see “aha” moments out here all the time that are not easily forgotten. You can refer to us, or work with us.

Here's what one of our adult clients had to say about us...

"You facilitated the learning process in a fun and extremely effective way. I would never have believed the horses could have provided such tremendous insight. I am stunned by the clarity this therapy provides and look forward to learning more. It's uncanny how the truth comes out."

Call 409-365-5277 for a demonstration.



STABLE-SPIRIT

"Where horses are living mirrors empowering positive change"

Stable-Spirit is a 501(c)(3) nonprofit organization whose mission is to serve individuals with equine assisted modalities that promote positive mental health and development. Funds generated by paying clients, grants, and donations provide mental health services to those needing assistance and to the care of our horses.